

AMERICAN FAMILY FITNESS CO-ED GROUP TRAINING SCHEDULE

April 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 FRANK- 8:30 A.M
2 NICK- 9:00 A.M NATE- 3:30 P.M	3 NATE-5:00P.M. DAN- 5:30P.M.	4 NATE - 5:00 P.M. DAN - 5:30 P.M.	5 DAN-5:30 P.M.	6 FRANK 5:30 P.M	7 FRANK- 5:00 P.M NICK- 6:30 P.M	8 FRANK- 8:30 A.M
9 NICK- 9:00 A.M NATE- 3:30 P.M	10 NATE-5:00P.M. DAN- 5:30P.M.	11 NATE - 5:00 P.M. DAN - 5:30 P.M.	12 DAN-5:30 P.M.	13 FRANK 5:30 P.M	14 FRANK- 5:00 P.M NICK- 6:30 P.M	15 FRANK- 8:30 A.M
16 NICK- 9:00 A.M NATE- 3:30 P.M	17 NATE-5:00P.M. DAN- 5:30P.M.	18 NATE - 5:00 P.M. DAN - 5:30 P.M.	19 DAN-5:30 P.M.	20 FRANK 5:30 P.M	21 FRANK- 5:00 P.M NICK- 6:30 P.M	22 FRANK- 8:30 A.M
23 NICK- 9:00 A.M NATE- 3:30 P.M	24 NATE-5:00P.M. DAN- 5:30P.M.	25 NATE - 5:00 P.M. DAN - 5:30 P.M.	26 DAN-5:30 P.M.	27 FRANK 5:30 P.M	28 FRANK- 5:00 P.M NICK- 6:30 P.M	29 FRANK- 8:30 A.M
30 NICK- 9:00 A.M NATE- 3:30 P.M			Notes:			

**PARTICIPANTS MUST ARRIVE NO LATER THAN 10 MINUTES AFTER THE START OF CLASS.
LATE PARTICPANTS WILL NOT BE ALLOWED TO TAKE THE CLASS.**